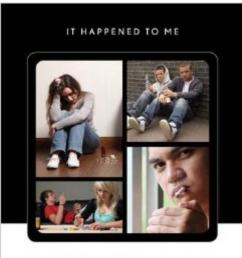
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Substance Abuse: The Ultimate Teen Guide (It Happened To Me)



SUBSTANCE ABUSE

SHERI MABRY BESTOR

THE ULTIMATE TEEN GUIDE



Synopsis

There are a variety of reasons young people turn to drugs, and the impact of such behavior can often be devastating. Whether alcohol, marijuana, ecstasy, or the latest drug of choice, substance abuse among teens continues to be a concern. This disorder affects so many people in one way or another, not only the addicted individual but also his or her family members and friends. In Substance Abuse: The Ultimate Teen Guide, Sheri Mabry Bestor looks at the various reasons why young people experiment with drugs and alcoholâ "and the consequences of doing so. Written to help young adults and those close to them understand substance abuse disorder, this book is full of important and practical information from various experts. In addition to facts, statistics, and advice, this book also provides insights from real peoplea "teen addicts and othersa "who have been affected by substance abuse. Topics covered in this book include:exposure to alcohol and drugs reasons people experiment with addictive substancesphysical and emotional aspects of addictiontreatment optionsrelapsesrecovery The chapters in this book take readers through the process of substance use to substance abuse, from curiosity and experimentation to full-blown addiction and recovery. The chapters feature not only true life stories, but also contain information about how substance abuse affects the body and brain. Appendixes include a list of resources, including web sites, books, and movies that teens will find useful. Designed to give teens the tools for understanding this disorder from various perspectives, this book is a valuable resource for anyone affected by substance abuse.

Book Information

Series: It Happened to Me (Book 36) Paperback: 208 pages Publisher: Rowman & Littlefield Publishers; Reprint edition (August 24, 2015) Language: English ISBN-10: 1442256621 ISBN-13: 978-1442256620 Product Dimensions: 6.8 x 0.5 x 9.9 inches Shipping Weight: 12.6 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #4,661,901 in Books (See Top 100 in Books) #82 in Books > Children's Books > Growing Up & Facts of Life > Health > Substance Abuse #317 in Books > Teens > Personal Health > Drug & Alcohol Abuse #582 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Drugs Age Range: 12 - 17 years Grade Level: 7 - 12

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